



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Schmücker, Joachim

Club: HSV Med.Magdeburg  
Number: 832

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M75 (75 und älter)

Total time: 1:04:16

Speed: 8.40 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 174 (of 210)

Rank in course/Men: 114 (of 132)

Best time in course: 33:33

Rank in category: 2(of 4)

Best time in the category: 56:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	32:57	8:02	2	3:49	117	16:37	4.10	32:57	8:02	2	3:49	117	16:37
Loddenke	2.20	13:15	6:01	2	1:34	119	6:30	6.30	46:12	7:20	2	5:23	117	23:05
Ilseburg/Markt	3.30	18:04	5:28	2	2:23	110	7:38	9.60	1:04:16	6:41	2	7:46	114	30:43