



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Rettig, Lennox

Club: Grundschule Stapelburg
Number: 1015

Course: 1.80 km
1,8 km - Lauf

Category:
männliche Kinder U10 (8-9 Jahre)

Total time: 9:20

Speed: 11.57 km/h
Running performance: 5:11 min/km

Rank in course/Total: 59 (of 128)

Rank in course/Men: 40 (of 74)

Best time in course: 6:17

Rank in category: 21(of 35)

Best time in the category: 6:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Blochhauer	0.90	4:30	5:00	15	1:03	31	1:26	0.90	4:30	5:00	15	1:03	33	1:26
Ilseburg/Markt	0.90	4:50	5:22	21	1:24	41	1:37	1.80	9:20	5:11	21	2:22	40	3:03