



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Sieler, Petra

Club: SV 1916 Beuna
Number: 785

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 1:05:06

Speed: 8.85 km/h
Running performance: 6:47 min/km

Rank in course/Total: 178 (of 210)

Rank in course/Women: 62 (of 78)

Best time in course: 44:23

Rank in category: 1(of 1)

Best time in the category: 1:05:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:24	8:08	1	-	63	11:25	4.10	33:24	8:08	1	-	63	11:25
Loddenke	2.20	12:47	5:48	1	-	55	4:11	6.30	46:11	7:19	1	-	63	15:32
Ilseburg/Markt	3.30	18:55	5:43	1	-	60	5:22	9.60	1:05:06	6:46	1	-	62	20:43