



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Behrens, Hans-Günther

Club: MSV Eintracht  
Number: 645

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M75 (75 und älter)

Total time: 1:06:37

Speed: 8.11 km/h  
Running performance: 6:56 min/km

Rank in course/Total: 187 (of 210)

Rank in course/Men: 121 (of 132)

Best time in course: 33:33

Rank in category: 3(of 4)

Best time in the category: 56:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	33:33	8:10	3	4:25	119	17:13	4.10	33:33	8:10	3	4:25	119	17:13
Loddenke	2.20	14:15	6:28	4	2:34	125	7:30	6.30	47:48	7:35	4	6:59	124	24:41
Ilseburg/Markt	3.30	18:49	5:42	3	3:08	114	8:23	9.60	1:06:37	6:56	3	10:07	121	33:04