



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Hentsch, Anne-Kathrin

Club: SV Hermsdorf  
Number: 686

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:09:51

Speed: 7.73 km/h  
Running performance: 7:17 min/km

Rank in course/Total: 194 (of 210)

Rank in course/Women: 70 (of 78)

Best time in course: 44:23

Rank in category: 14(of 15)

Best time in the category: 46:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	35:03	8:32	14	12:18	70	13:04	4.10	35:03	8:32	14	12:18	70	13:04
Loddenke	2.20	14:20	6:30	13	5:09	70	5:44	6.30	49:23	7:50	14	17:27	70	18:44
Ilseburg/Markt	3.30	20:28	6:12	14	5:59	69	6:55	9.60	1:09:51	7:16	14	23:26	70	25:28