



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Kleine, Benjamin

Club: Barsinghausen  
Number: 709

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:11:32

Speed: 7.55 km/h  
Running performance: 7:27 min/km

Rank in course/Total: 196 (of 210)

Rank in course/Men: 125 (of 132)

Best time in course: 33:33

Rank in category: 17(of 17)

Best time in the category: 38:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	36:03	8:47	17	16:38	125	19:43	4.10	36:03	8:47	17	16:38	125	19:43
Loddenke	2.20	14:40	6:39	17	7:11	126	7:55	6.30	50:43	8:03	17	23:49	126	27:36
Ilseburg/Markt	3.30	20:49	6:18	17	9:10	125	10:23	9.60	1:11:32	7:27	17	32:59	125	37:59