



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Rohde, Kerstin

Club: Wunsch Team
Number: 765

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:14:07

Speed: 7.77 km/h
Running performance: 7:43 min/km

Rank in course/Total: 202 (of 210)

Rank in course/Women: 75 (of 78)

Best time in course: 44:23

Rank in category: 15(of 15)

Best time in the category: 46:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	34:58	8:31	13	12:13	69	12:59	4.10	34:58	8:31	13	12:13	69	12:59
Loddenke	2.20	15:30	7:02	15	6:19	75	6:54	6.30	50:28	8:00	15	18:32	72	19:49
Ilseburg/Markt	3.30	23:39	7:10	15	9:10	78	10:06	9.60	1:14:07	7:43	15	27:42	75	29:44