



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Kluge, Karina

Club: Berlin Runners/ TEA
Number: 263

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:18:27

Speed: 6.88 km/h
Running performance: 8:10 min/km

Rank in course/Total: 204 (of 210)

Rank in course/Women: 76 (of 78)

Best time in course: 44:23

Rank in category: 11(of 11)

Best time in the category: 50:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	38:30	9:23	11	12:16	76	16:31	4.10	38:30	9:23	11	12:16	76	16:31
Loddenke	2.20	16:30	7:29	11	6:53	76	7:54	6.30	55:00	8:43	11	19:09	76	24:21
Ilseburg/Markt	3.30	23:27	7:06	11	8:31	77	9:54	9.60	1:18:27	8:10	11	27:40	76	34:04