



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Stagge, Fabian

Club: NSV Wernigerode
Number: 491

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:49:08

Speed: 14.40 km/h
Running performance: 4:10 min/km

Rank in course/Total: 4 (of 581)

Rank in course/Men: 4 (of 475)

Best time in course: 1:39:32

Rank in category: 3(of 47)

Best time in the category: 1:47:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	13:17	4:01	3	0:13	5	0:13	3.30	13:17	4:01	3	0:13	5	0:13
Schlüsie	3.10	14:08	4:33	1	-	2	0:30	6.40	27:25	4:17	1	-	3	0:42
Hermannsklippe	2.60	12:24	4:46	1	-	3	1:00	9.00	39:49	4:25	1	-	3	1:42
Brocken	3.10	20:42	6:40	3	0:52	6	2:39	12.10	1:00:31	5:00	2	0:35	4	4:21
Eiserner Handwe	3.60	13:05	3:38	2	0:18	3	1:13	15.70	1:13:36	4:41	2	0:08	3	5:34
Schlüsie	4.10	12:15	2:59	2	0:13	3	0:41	19.80	1:25:51	4:20	1	-	2	6:15
Loddenke	3.10	10:34	3:24	4	0:33	5	1:15	22.90	1:36:25	4:12	2	0:04	3	7:30
Ilseburg/Markt	3.30	12:43	3:51	6	1:45	19	2:06	26.20	1:49:08	4:09	3	1:23	4	9:36