



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Wiessner, Enrico

Club: FH Runners Berlin
Number: 563

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:52:34

Speed: 13.86 km/h
Running performance: 4:18 min/km

Rank in course/Total: 7 (of 581)

Rank in course/Men: 7 (of 475)

Best time in course: 1:39:32

Rank in category: 5(of 47)

Best time in the category: 1:47:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:15	4:19	5	1:11	13	1:11	3.30	14:15	4:19	5	1:11	13	1:11
Schlüsie	3.10	15:21	4:57	5	1:13	13	1:43	6.40	29:36	4:37	5	2:11	11	2:53
Hermannsklippe	2.60	12:56	4:58	5	0:32	10	1:32	9.00	42:32	4:43	5	2:43	10	4:25
Brocken	3.10	21:02	6:47	5	1:12	8	2:59	12.10	1:03:34	5:15	5	3:38	10	7:24
Eiserner Handwe	3.60	13:53	3:51	5	1:06	12	2:01	15.70	1:17:27	4:55	5	3:59	8	9:25
Schlüsie	4.10	12:58	3:09	4	0:56	7	1:24	19.80	1:30:25	4:33	5	4:34	9	10:49
Loddenke	3.10	10:28	3:22	2	0:27	3	1:09	22.90	1:40:53	4:24	5	4:32	8	11:58
Ilseburg/Markt	3.30	11:41	3:32	2	0:43	3	1:04	26.20	1:52:34	4:17	5	4:49	7	13:02