



# 49. Brockenlauf

Ilseburg / 07.09.2019

## Detailed evaluation

**Holland, Marcel**

Club: NSV Wernigerode  
Number: 212

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

**Total time: 1:56:37**

Speed: 13.38 km/h  
Running performance: 4:27 min/km

Rank in course/Total: 11 (of 581)

Rank in course/Men: 11 (of 475)

Best time in course: 1:39:32

Rank in category: 2(of 55)

Best time in the category: 1:53:46

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	13:42	4:09	1	-	7	0:38	3.30	13:42	4:09	1	-	7	0:38
Schlüsie	3.10	15:06	4:52	2	0:02	10	1:28	6.40	28:48	4:30	1	-	7	2:05
Hermannsklippe	2.60	13:04	5:01	2	0:09	11	1:40	9.00	41:52	4:39	1	-	9	3:45
Brocken	3.10	21:52	7:03	3	1:26	16	3:49	12.10	1:03:44	5:16	2	0:46	11	7:34
Eiserner Handwe	3.60	14:22	3:59	3	1:12	19	2:30	15.70	1:18:06	4:58	3	0:37	12	10:04
Schlüsie	4.10	14:04	3:25	6	1:18	24	2:30	19.80	1:32:10	4:39	3	1:55	12	12:34
Loddenke	3.10	11:29	3:42	3	0:42	19	2:10	22.90	1:43:39	4:31	2	2:26	11	14:44
Ilseburg/Markt	3.30	12:58	3:55	6	0:49	27	2:21	26.20	1:56:37	4:27	2	2:51	11	17:05