



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Morgenstern, Stephan

Number: 347

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 1:57:34

Speed: 13.37 km/h

Running performance: 4:29 min/km

Rank in course/Total: 14 (of 581)

Rank in course/Men: 14 (of 475)

Best time in course: 1:39:32

Rank in category: 1(of 36)

Best time in the category: 1:57:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:36	4:25	2	0:41	22	1:32	3.30	14:36	4:25	2	0:41	22	1:32
Schlüsie	3.10	15:43	5:04	2	0:50	18	2:05	6.40	30:19	4:44	2	1:31	20	3:36
Hermannsklippe	2.60	13:15	5:05	2	0:24	13	1:51	9.00	43:34	4:50	2	1:55	18	5:27
Brocken	3.10	21:50	7:02	2	0:42	15	3:47	12.10	1:05:24	5:24	2	2:37	16	9:14
Eiserner Handwe	3.60	14:29	4:01	3	0:49	21	2:37	15.70	1:19:53	5:05	2	2:02	16	11:51
Schlüsie	4.10	13:50	3:22	4	0:45	19	2:16	19.80	1:33:43	4:43	1	-	14	14:07
Loddenke	3.10	11:10	3:36	1	-	13	1:51	22.90	1:44:53	4:34	1	-	14	15:58
Ilseburg/Markt	3.30	12:41	3:50	1	-	16	2:04	26.20	1:57:34	4:29	1	-	14	18:02