



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Hupe, Matthias

Club: Lauffreunde Eichsfeld
Number: 218

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:00:13

Speed: 12.98 km/h
Running performance: 4:35 min/km

Rank in course/Total: 21 (of 581)

Rank in course/Men: 21 (of 475)

Best time in course: 1:39:32

Rank in category: 2(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:27	4:22	2	0:31	18	1:23	3.30	14:27	4:22	2	0:31	18	1:23
Schlüsie	3.10	15:47	5:05	2	0:19	19	2:09	6.40	30:14	4:43	2	0:50	18	3:31
Hermannsklippe	2.60	13:31	5:11	1	-	17	2:07	9.00	43:45	4:51	2	0:41	19	5:38
Brocken	3.10	22:03	7:06	2	0:35	17	4:00	12.10	1:05:48	5:26	2	1:16	17	9:38
Eiserner Handwe	3.60	15:02	4:10	2	0:37	33	3:10	15.70	1:20:50	5:08	2	1:08	17	12:48
Schlüsie	4.10	14:35	3:33	5	0:28	42	3:01	19.80	1:35:25	4:49	2	1:01	20	15:49
Loddenke	3.10	11:40	3:45	1	-	24	2:21	22.90	1:47:05	4:40	2	0:48	20	18:10
Ilseburg/Markt	3.30	13:08	3:58	2	0:06	31	2:31	26.20	2:00:13	4:35	2	0:47	21	20:41