



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Brüchner, Jörg

Club: Berlin
Number: 83

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:05:08

Speed: 12.56 km/h
Running performance: 4:47 min/km

Rank in course/Total: 29 (of 581)

Rank in course/Men: 29 (of 475)

Best time in course: 1:39:32

Rank in category: 3(of 77)

Best time in the category: 1:59:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:49	4:47	4	1:53	44	2:45	3.30	15:49	4:47	4	1:53	44	2:45
Schlüsie	3.10	16:34	5:20	3	1:06	33	2:56	6.40	32:23	5:03	4	2:59	35	5:40
Hermannsklippe	2.60	14:18	5:30	3	0:47	33	2:54	9.00	46:41	5:11	3	3:37	33	8:34
Brocken	3.10	23:18	7:30	3	1:50	32	5:15	12.10	1:09:59	5:47	3	5:27	32	13:49
Eiserner Handwe	3.60	14:25	4:00	1	-	20	2:33	15.70	1:24:24	5:22	3	4:42	29	16:22
Schlüsie	4.10	14:28	3:31	2	0:21	37	2:54	19.80	1:38:52	4:59	3	4:28	29	19:16
Loddenke	3.10	12:51	4:08	14	1:11	88	3:32	22.90	1:51:43	4:52	3	5:26	29	22:48
Ilseburg/Markt	3.30	13:25	4:03	5	0:23	38	2:48	26.20	2:05:08	4:46	3	5:42	29	25:36