



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Hahne, Patrick

Club: Hannover
Number: 185

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:05:56

Speed: 12.39 km/h
Running performance: 4:49 min/km

Rank in course/Total: 33 (of 581)

Rank in course/Men: 33 (of 475)

Best time in course: 1:39:32

Rank in category: 7(of 67)

Best time in the category: 1:39:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:15	4:55	12	3:10	58	3:11	3.30	16:15	4:55	12	3:10	58	3:11
Schlüsie	3.10	17:21	5:35	9	3:43	52	3:43	6.40	33:36	5:15	12	6:53	55	6:53
Hermannsklippe	2.60	14:55	5:44	11	3:31	51	3:31	9.00	48:31	5:23	11	10:24	52	10:24
Brocken	3.10	22:43	7:19	5	4:40	24	4:40	12.10	1:11:14	5:53	8	15:04	39	15:04
Eiserner Handwe	3.60	15:03	4:10	5	3:11	34	3:11	15.70	1:26:17	5:29	7	18:15	36	18:15
Schlüsie	4.10	14:26	3:31	5	2:52	36	2:52	19.80	1:40:43	5:05	7	21:07	34	21:07
Loddenke	3.10	11:49	3:48	5	2:30	30	2:30	22.90	1:52:32	4:54	7	23:37	34	23:37
Ilseburg/Markt	3.30	13:24	4:03	6	2:47	36	2:47	26.20	2:05:56	4:48	7	26:24	33	26:24