



# 49. Brockenlauf

Ilseburg / 07.09.2019

## Detailed evaluation

**Hedderich, Thomas**

Club: NSV Wernigerode  
Number: 194

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:07:04

Speed: 12.37 km/h  
Running performance: 4:51 min/km

Rank in course/Total: 37 (of 581)

Rank in course/Men: 37 (of 475)

Best time in course: 1:39:32

Rank in category: 6(of 55)

Best time in the category: 1:53:46

| Intermediate times |          |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 14:10      | 4:17         | 2        | 0:28        | 12      | 1:06       | 3.30     | 14:10         | 4:17         | 2        | 0:28        | 12      | 1:06       |
| Schlüsie           | 3.10     | 15:29      | 4:59         | 5        | 0:25        | 15      | 1:51       | 6.40     | 29:39         | 4:37         | 3        | 0:51        | 13      | 2:56       |
| Hermannsklippe     | 2.60     | 13:22      | 5:08         | 5        | 0:27        | 16      | 1:58       | 9.00     | 43:01         | 4:46         | 3        | 1:09        | 12      | 4:54       |
| Brocken            | 3.10     | 23:06      | 7:27         | 6        | 2:40        | 27      | 5:03       | 12.10    | 1:06:07       | 5:27         | 4        | 3:09        | 18      | 9:57       |
| Eiserner Handwe    | 3.60     | 16:52      | 4:41         | 15       | 3:42        | 105     | 5:00       | 15.70    | 1:22:59       | 5:17         | 6        | 5:30        | 26      | 14:57      |
| Schlüsie           | 4.10     | 17:55      | 4:22         | 27       | 5:09        | 220     | 6:21       | 19.80    | 1:40:54       | 5:05         | 6        | 10:39       | 36      | 21:18      |
| Loddenke           | 3.10     | 13:58      | 4:30         | 25       | 3:11        | 176     | 4:39       | 22.90    | 1:54:52       | 5:00         | 7        | 13:39       | 41      | 25:57      |
| Ilseburg/Markt     | 3.30     | 12:12      | 3:41         | 2        | 0:03        | 9       | 1:35       | 26.20    | 2:07:04       | 4:50         | 6        | 13:18       | 37      | 27:32      |