



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Morgenstern, Udo

Club: DAV Zittau
Number: 348

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:07:29

Speed: 12.24 km/h
Running performance: 4:52 min/km

Rank in course/Total: 39 (of 581)

Rank in course/Men: 39 (of 475)

Best time in course: 1:39:32

Rank in category: 1(of 59)

Best time in the category: 2:07:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:52	4:48	1	-	46	2:48	3.30	15:52	4:48	1	-	46	2:48
Schlüsie	3.10	16:37	5:21	1	-	35	2:59	6.40	32:29	5:04	1	-	37	5:46
Hermannsklippe	2.60	14:34	5:36	1	-	42	3:10	9.00	47:03	5:13	1	-	37	8:56
Brocken	3.10	24:27	7:53	1	-	46	6:24	12.10	1:11:30	5:54	1	-	40	15:20
Eiserner Handwe	3.60	14:53	4:08	1	-	28	3:01	15.70	1:26:23	5:30	1	-	37	18:21
Schlüsie	4.10	15:02	3:40	2	0:15	55	3:28	19.80	1:41:25	5:07	1	-	38	21:49
Loddenke	3.10	12:15	3:57	3	0:03	50	2:56	22.90	1:53:40	4:57	1	-	36	24:45
Ilseburg/Markt	3.30	13:49	4:11	3	0:01	60	3:12	26.20	2:07:29	4:51	1	-	39	27:57