



# 49. Brockenlauf

Ilseburg / 07.09.2019

## Detailed evaluation

**Hahne, Michael**

Club: Benneckenstein  
Number: 184

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:07:59

Speed: 12.19 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 42 (of 581)

Rank in course/Men: 42 (of 475)

Best time in course: 1:39:32

Rank in category: 8(of 55)

Best time in the category: 1:53:46

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:29	4:59	10	2:47	65	3:25	3.30	16:29	4:59	10	2:47	65	3:25
Schlüsie	3.10	17:32	5:39	11	2:28	60	3:54	6.40	34:01	5:18	11	5:13	60	7:18
Hermannsklippe	2.60	15:02	5:46	10	2:07	56	3:38	9.00	49:03	5:26	10	7:11	58	10:56
Brocken	3.10	24:23	7:51	9	3:57	43	6:20	12.10	1:13:26	6:04	9	10:28	50	17:16
Eiserner Handwe	3.60	15:33	4:19	9	2:23	53	3:41	15.70	1:28:59	5:40	9	11:30	49	20:57
Schlüsie	4.10	13:59	3:24	4	1:13	21	2:25	19.80	1:42:58	5:12	9	12:43	46	23:22
Loddenke	3.10	11:34	3:43	4	0:47	21	2:15	22.90	1:54:32	5:00	6	13:19	40	25:37
Ilseburg/Markt	3.30	13:27	4:04	8	1:18	42	2:50	26.20	2:07:59	4:53	8	14:13	42	28:27