



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Merkel, Alexander

Club: Bernau bei Berlin
Number: 336

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:08:40

Speed: 12.12 km/h
Running performance: 4:55 min/km

Rank in course/Total: 45 (of 581)

Rank in course/Men: 45 (of 475)

Best time in course: 1:39:32

Rank in category: 9(of 47)

Best time in the category: 1:47:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:16	5:13	18	4:12	102	4:12	3.30	17:16	5:13	18	4:12	102	4:12
Schlüsie	3.10	17:06	5:30	11	2:58	45	3:28	6.40	34:22	5:22	14	6:57	66	7:39
Hermannsklippe	2.60	14:38	5:37	11	2:14	45	3:14	9.00	49:00	5:26	14	9:11	57	10:53
Brocken	3.10	25:38	8:16	15	5:48	70	7:35	12.10	1:14:38	6:10	14	14:42	63	18:28
Eiserner Handwe	3.60	15:08	4:12	8	2:21	38	3:16	15.70	1:29:46	5:43	14	16:18	54	21:44
Schlüsie	4.10	14:11	3:27	7	2:09	29	2:37	19.80	1:43:57	5:15	10	18:06	50	24:21
Loddenke	3.10	11:40	3:45	7	1:39	24	2:21	22.90	1:55:37	5:02	9	19:16	47	26:42
Ilseburg/Markt	3.30	13:03	3:57	9	2:05	29	2:26	26.20	2:08:40	4:54	9	20:55	45	29:08