



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Merkel, Alexander

Club: Bernau bei Berlin
Number: 336

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:08:40

Speed: 12.22 km/h
Running performance: 4:55 min/km

Rank in course/Total: 45 (of 581)

Rank in course/Men: 45 (of 475)

Best time in course: 1:39:32

Rank in category: 9(of 47)

Best time in the category: 1:47:45

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 17:16 | 5:13 | 18 | 4:12 | 102 | 4:12 | 3.30 | 17:16 | 5:13 | 18 | 4:12 | 102 | 4:12 |
| Schlüsie | 3.10 | 17:06 | 5:30 | 11 | 2:58 | 45 | 3:28 | 6.40 | 34:22 | 5:22 | 14 | 6:57 | 66 | 7:39 |
| Hermannsklippe | 2.60 | 14:38 | 5:37 | 11 | 2:14 | 45 | 3:14 | 9.00 | 49:00 | 5:26 | 14 | 9:11 | 57 | 10:53 |
| Brocken | 3.10 | 25:38 | 8:16 | 15 | 5:48 | 70 | 7:35 | 12.10 | 1:14:38 | 6:10 | 14 | 14:42 | 63 | 18:28 |
| Eiserner Handwe | 3.60 | 15:08 | 4:12 | 8 | 2:21 | 38 | 3:16 | 15.70 | 1:29:46 | 5:43 | 14 | 16:18 | 54 | 21:44 |
| Schlüsie | 4.10 | 14:11 | 3:27 | 7 | 2:09 | 29 | 2:37 | 19.80 | 1:43:57 | 5:15 | 10 | 18:06 | 50 | 24:21 |
| Loddenke | 3.10 | 11:40 | 3:45 | 7 | 1:39 | 24 | 2:21 | 22.90 | 1:55:37 | 5:02 | 9 | 19:16 | 47 | 26:42 |
| Ilseburg/Markt | 3.30 | 13:03 | 3:57 | 9 | 2:05 | 29 | 2:26 | 26.20 | 2:08:40 | 4:54 | 9 | 20:55 | 45 | 29:08 |