



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Kranich, Franziska

Club: EGZ Triathlon Görlitz / Gr Falken  
Number: 15

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 2:08:56

Speed: 12.19 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 46 (of 581)

Rank in course/Women: 1 (of 106)

Best time in course: 2:08:56

Rank in category: 1(of 11)

Best time in the category: 2:08:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	15:53	4:48	1	-	2	0:05	3.30	15:53	4:48	1	-	2	0:05
Schlüsie	3.10	16:35	5:20	1	-	1	-	6.40	32:28	5:04	1	-	1	-
Hermannsklippe	2.60	14:35	5:36	1	-	1	-	9.00	47:03	5:13	1	-	1	-
Brocken	3.10	24:16	7:49	1	-	2	0:07	12.10	1:11:19	5:53	1	-	1	-
Eiserner Handwe	3.60	15:12	4:13	1	-	1	-	15.70	1:26:31	5:30	1	-	1	-
Schlüsie	4.10	15:06	3:40	1	-	1	-	19.80	1:41:37	5:07	1	-	1	-
Loddenke	3.10	12:07	3:54	1	-	1	-	22.90	1:53:44	4:57	1	-	1	-
Ilseburg/Markt	3.30	15:12	4:36	2	0:07	5	1:12	26.20	2:08:56	4:55	1	-	1	-