



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Siebert, Oleg

Club: Turbine Halle e. V.
Number: 479

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:11:50

Speed: 11.83 km/h
Running performance: 5:02 min/km

Rank in course/Total: 57 (of 581)

Rank in course/Men: 56 (of 475)

Best time in course: 1:39:32

Rank in category: 14(of 47)

Best time in the category: 1:47:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:57	5:08	14	3:53	87	3:53	3.30	16:57	5:08	14	3:53	87	3:53
Schlüsie	3.10	16:53	5:26	9	2:45	38	3:15	6.40	33:50	5:17	13	6:25	59	7:07
Hermannsklippe	2.60	13:55	5:21	7	1:31	23	2:31	9.00	47:45	5:18	10	7:56	42	9:38
Brocken	3.10	25:31	8:13	14	5:41	67	7:28	12.10	1:13:16	6:03	12	13:20	48	17:06
Eiserner Handwe	3.60	15:29	4:18	12	2:42	50	3:37	15.70	1:28:45	5:39	11	15:17	47	20:43
Schlüsie	4.10	16:18	3:58	16	4:16	113	4:44	19.80	1:45:03	5:18	13	19:12	56	25:27
Loddenke	3.10	13:08	4:14	16	3:07	103	3:49	22.90	1:58:11	5:09	14	21:50	58	29:16
Ilseburg/Markt	3.30	13:39	4:08	11	2:41	46	3:02	26.20	2:11:50	5:01	14	24:05	56	32:18