



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schimmer, Torsten

Club: Bad Rappenau
Number: 441

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:12:09

Speed: 11.80 km/h
Running performance: 5:02 min/km

Rank in course/Total: 59 (of 581)

Rank in course/Men: 57 (of 475)

Best time in course: 1:39:32

Rank in category: 11(of 67)

Best time in the category: 1:39:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:01	4:33	5	1:56	28	1:57	3.30	15:01	4:33	5	1:56	28	1:57
Schlüsie	3.10	16:07	5:11	4	2:29	26	2:29	6.40	31:08	4:51	4	4:25	26	4:25
Hermannsklippe	2.60	13:52	5:19	4	2:28	22	2:28	9.00	45:00	5:00	4	6:53	25	6:53
Brocken	3.10	23:50	7:41	9	5:47	39	5:47	12.10	1:08:50	5:41	5	12:40	28	12:40
Eiserner Handwe	3.60	15:09	4:12	7	3:17	39	3:17	15.70	1:23:59	5:20	5	15:57	28	15:57
Schlüsie	4.10	15:28	3:46	14	3:54	63	3:54	19.80	1:39:27	5:01	6	19:51	30	19:51
Loddenke	3.10	15:42	5:03	48	6:23	317	6:23	22.90	1:55:09	5:01	9	26:14	45	26:14
Ilseburg/Markt	3.30	17:00	5:09	47	6:23	288	6:23	26.20	2:12:09	5:02	11	32:37	57	32:37