



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Bär, Mario

Club: Dessau
Number: 585

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:12:26

Speed: 11.78 km/h
Running performance: 5:03 min/km

Rank in course/Total: 62 (of 581)

Rank in course/Men: 60 (of 475)

Best time in course: 1:39:32

Rank in category: 8(of 68)

Best time in the category: 1:51:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:27	4:40	5	1:36	34	2:23	3.30	15:27	4:40	5	1:36	34	2:23
Schlüsie	3.10	17:49	5:44	10	2:56	73	4:11	6.40	33:16	5:11	7	4:28	47	6:33
Hermannsklippe	2.60	15:34	5:59	11	2:51	79	4:10	9.00	48:50	5:25	7	7:19	55	10:43
Brocken	3.10	25:25	8:11	8	4:18	64	7:22	12.10	1:14:15	6:08	8	11:37	60	18:05
Eiserner Handwe	3.60	16:27	4:34	11	3:13	84	4:35	15.70	1:30:42	5:46	8	14:49	62	22:40
Schlüsie	4.10	15:41	3:49	9	2:44	74	4:07	19.80	1:46:23	5:22	8	17:29	59	26:47
Loddenke	3.10	12:37	4:04	8	2:00	66	3:18	22.90	1:59:00	5:11	8	19:29	61	30:05
Ilseburg/Markt	3.30	13:26	4:04	7	1:31	41	2:49	26.20	2:12:26	5:03	8	21:00	60	32:54