



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Scheuner, Reiner

Club: TSV Lelm
Number: 439

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:13:08

Speed: 11.72 km/h
Running performance: 5:05 min/km

Rank in course/Total: 64 (of 581)

Rank in course/Men: 62 (of 475)

Best time in course: 1:39:32

Rank in category: 12(of 55)

Best time in the category: 1:53:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:31	5:18	16	3:49	115	4:27	3.30	17:31	5:18	16	3:49	115	4:27
Schlüsie	3.10	17:56	5:47	16	2:52	80	4:18	6.40	35:27	5:32	15	6:39	95	8:44
Hermannsklippe	2.60	15:58	6:08	16	3:03	102	4:34	9.00	51:25	5:42	17	9:33	97	13:18
Brocken	3.10	27:01	8:42	22	6:35	115	8:58	12.10	1:18:26	6:28	17	15:28	101	22:16
Eiserner Handwe	3.60	14:29	4:01	4	1:19	21	2:37	15.70	1:32:55	5:55	14	15:26	78	24:53
Schlüsie	4.10	14:21	3:30	9	1:35	32	2:47	19.80	1:47:16	5:25	14	17:01	67	27:40
Loddenke	3.10	11:48	3:48	6	1:01	28	2:29	22.90	1:59:04	5:11	12	17:51	62	30:09
Ilseburg/Markt	3.30	14:04	4:15	12	1:55	70	3:27	26.20	2:13:08	5:04	12	19:22	62	33:36