



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Gaede, Florian

Club: Ratekau
Number: 159

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:13:46

Speed: 11.66 km/h
Running performance: 5:07 min/km

Rank in course/Total: 69 (of 581)

Rank in course/Men: 67 (of 475)

Best time in course: 1:39:32

Rank in category: 8(of 36)

Best time in the category: 1:57:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:49	5:23	14	3:54	141	4:45	3.30	17:49	5:23	14	3:54	141	4:45
Schlüsie	3.10	17:47	5:44	8	2:54	71	4:09	6.40	35:36	5:33	10	6:48	102	8:53
Hermannsklippe	2.60	14:56	5:44	5	2:05	52	3:32	9.00	50:32	5:36	9	8:53	81	12:25
Brocken	3.10	24:56	8:02	4	3:48	54	6:53	12.10	1:15:28	6:14	9	12:41	70	19:18
Eiserner Handwe	3.60	17:14	4:47	13	3:34	135	5:22	15.70	1:32:42	5:54	9	14:51	75	24:40
Schlüsie	4.10	14:32	3:32	6	1:27	38	2:58	19.80	1:47:14	5:24	8	13:31	66	27:38
Loddenke	3.10	12:16	3:57	6	1:06	52	2:57	22.90	1:59:30	5:13	7	14:37	63	30:35
Ilseburg/Markt	3.30	14:16	4:19	9	1:35	81	3:39	26.20	2:13:46	5:06	8	16:12	67	34:14