



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Reinhard, Sebastian

Club: TSV Hirschau
Number: 403

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:15:22

Speed: 11.52 km/h
Running performance: 5:10 min/km

Rank in course/Total: 77 (of 581)

Rank in course/Men: 74 (of 475)

Best time in course: 1:39:32

Rank in category: 15(of 67)

Best time in the category: 1:39:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:03	5:10	19	3:58	91	3:59	3.30	17:03	5:10	19	3:58	91	3:59
Schlüsie	3.10	18:15	5:53	20	4:37	98	4:37	6.40	35:18	5:30	20	8:35	91	8:35
Hermannsklippe	2.60	15:36	6:00	18	4:12	84	4:12	9.00	50:54	5:39	21	12:47	92	12:47
Brocken	3.10	27:14	8:47	25	9:11	129	9:11	12.10	1:18:08	6:27	21	21:58	98	21:58
Eiserner Handwe	3.60	15:52	4:24	13	4:00	61	4:00	15.70	1:34:00	5:59	21	25:58	91	25:58
Schlüsie	4.10	15:44	3:50	16	4:10	78	4:10	19.80	1:49:44	5:32	20	30:08	88	30:08
Loddenke	3.10	12:14	3:56	11	2:55	49	2:55	22.90	2:01:58	5:19	18	33:03	81	33:03
Ilseburg/Markt	3.30	13:24	4:03	6	2:47	36	2:47	26.20	2:15:22	5:10	15	35:50	74	35:50