



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Wünschiers, Röbbbe

Club: Quedlinburg
Number: 575

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:15:31

Speed: 11.60 km/h
Running performance: 5:10 min/km

Rank in course/Total: 78 (of 581)

Rank in course/Men: 75 (of 475)

Best time in course: 1:39:32

Rank in category: 9(of 68)

Best time in the category: 1:51:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:40	5:21	14	3:49	130	4:36	3.30	17:40	5:21	14	3:49	130	4:36
Schlüsie	3.10	17:38	5:41	8	2:45	65	4:00	6.40	35:18	5:30	12	6:30	91	8:35
Hermannsklippe	2.60	15:12	5:50	8	2:29	63	3:48	9.00	50:30	5:36	10	8:59	80	12:23
Brocken	3.10	24:44	7:58	7	3:37	52	6:41	12.10	1:15:14	6:13	9	12:36	68	19:04
Eiserner Handwe	3.60	16:11	4:29	9	2:57	76	4:19	15.70	1:31:25	5:49	9	15:32	67	23:23
Schlüsie	4.10	16:03	3:54	11	3:06	92	4:29	19.80	1:47:28	5:25	9	18:34	68	27:52
Loddenke	3.10	13:05	4:13	14	2:28	101	3:46	22.90	2:00:33	5:15	9	21:02	72	31:38
Ilseburg/Markt	3.30	14:58	4:32	16	3:03	122	4:21	26.20	2:15:31	5:10	9	24:05	75	35:59