



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

**Braune, Mario**

Club: Magdeburg  
Number: 81

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:15:59

Speed: 11.47 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 81 (of 581)

Rank in course/Men: 78 (of 475)

Best time in course: 1:39:32

Rank in category: 9(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:34	5:01	10	2:38	71	3:30	3.30	16:34	5:01	10	2:38	71	3:30
Schlüsie	3.10	17:44	5:43	9	2:16	69	4:06	6.40	34:18	5:21	9	4:54	64	7:35
Hermannsklippe	2.60	14:54	5:43	6	1:23	50	3:30	9.00	49:12	5:28	8	6:08	62	11:05
Brocken	3.10	25:16	8:09	8	3:48	60	7:13	12.10	1:14:28	6:09	8	9:56	62	18:18
Eiserner Handwe	3.60	17:04	4:44	18	2:39	119	5:12	15.70	1:31:32	5:49	8	11:50	68	23:30
Schlüsie	4.10	16:03	3:54	15	1:56	92	4:29	19.80	1:47:35	5:26	8	13:11	71	27:59
Loddenke	3.10	13:24	4:19	18	1:44	127	4:05	22.90	2:00:59	5:16	9	14:42	76	32:04
Ilseburg/Markt	3.30	15:00	4:32	18	1:58	126	4:23	26.20	2:15:59	5:11	9	16:33	78	36:27