



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Franke, Sven

Club: Brockenlaufverein  
Number: 150

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:16:03

Speed: 11.55 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 82 (of 581)

Rank in course/Men: 79 (of 475)

Best time in course: 1:39:32

Rank in category: 10(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:18	4:56	8	2:22	59	3:14	3.30	16:18	4:56	8	2:22	59	3:14
Schlüsie	3.10	18:15	5:53	14	2:47	98	4:37	6.40	34:33	5:23	10	5:09	72	7:50
Hermannsklippe	2.60	17:27	6:42	33	3:56	201	6:03	9.00	52:00	5:46	15	8:56	106	13:53
Brocken	3.10	28:00	9:01	27	6:32	165	9:57	12.10	1:20:00	6:36	18	15:28	118	23:50
Eiserner Handwe	3.60	15:38	4:20	7	1:13	56	3:46	15.70	1:35:38	6:05	14	15:56	103	27:36
Schlüsie	4.10	14:37	3:33	6	0:30	43	3:03	19.80	1:50:15	5:34	12	15:51	92	30:39
Loddenke	3.10	12:03	3:53	4	0:23	40	2:44	22.90	2:02:18	5:20	11	16:01	85	33:23
Ilseburg/Markt	3.30	13:45	4:10	8	0:43	53	3:08	26.20	2:16:03	5:11	10	16:37	79	36:31