



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Giel, Hans-Peter

Club: Nietlebener Heideschnucken
Number: 609

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:17:11

Speed: 11.37 km/h
Running performance: 5:14 min/km

Rank in course/Total: 89 (of 581)

Rank in course/Men: 86 (of 475)

Best time in course: 1:39:32

Rank in category: 11(of 77)

Best time in the category: 1:59:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:46	5:23	21	3:50	135	4:42	3.30	17:46	5:23	21	3:50	135	4:42
Schlüsie	3.10	17:44	5:43	9	2:16	69	4:06	6.40	35:30	5:32	13	6:06	99	8:47
Hermannsklippe	2.60	15:23	5:54	8	1:52	68	3:59	9.00	50:53	5:39	11	7:49	89	12:46
Brocken	3.10	25:02	8:04	7	3:34	55	6:59	12.10	1:15:55	6:16	9	11:23	74	19:45
Eiserner Handwe	3.60	16:34	4:36	13	2:09	88	4:42	15.70	1:32:29	5:53	9	12:47	72	24:27
Schlüsie	4.10	16:32	4:01	18	2:25	123	4:58	19.80	1:49:01	5:30	10	14:37	81	29:25
Loddenke	3.10	12:59	4:11	16	1:19	98	3:40	22.90	2:02:00	5:19	10	15:43	82	33:05
Ilseburg/Markt	3.30	15:11	4:36	25	2:09	148	4:34	26.20	2:17:11	5:14	11	17:45	86	37:39