



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Hattwich, Stephan

Club: Beierstedt
Number: 193

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:17:16

Speed: 11.36 km/h
Running performance: 5:14 min/km

Rank in course/Total: 90 (of 581)

Rank in course/Men: 87 (of 475)

Best time in course: 1:39:32

Rank in category: 16(of 55)

Best time in the category: 1:53:46

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:15	5:13	14	3:33	99	4:11	3.30	17:15	5:13	14	3:33	99	4:11
Schlüsie	3.10	17:53	5:46	15	2:49	79	4:15	6.40	35:08	5:29	14	6:20	86	8:25
Hermannsklippe	2.60	15:43	6:02	14	2:48	91	4:19	9.00	50:51	5:39	15	8:59	88	12:44
Brocken	3.10	26:06	8:25	15	5:40	82	8:03	12.10	1:16:57	6:21	14	13:59	83	20:47
Eiserner Handwe	3.60	16:51	4:40	14	3:41	103	4:59	15.70	1:33:48	5:58	15	16:19	90	25:46
Schlüsie	4.10	16:26	4:00	15	3:40	119	4:52	19.80	1:50:14	5:34	16	19:59	91	30:38
Loddenke	3.10	12:49	4:08	13	2:02	85	3:30	22.90	2:03:03	5:22	16	21:50	90	34:08
Ilseburg/Markt	3.30	14:13	4:18	13	2:04	76	3:36	26.20	2:17:16	5:14	16	23:30	87	37:44