



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Müller, Josef

Club: TUS-Hembsen  
Number: 352

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:17:26

Speed: 11.44 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 92 (of 581)

Rank in course/Men: 89 (of 475)

Best time in course: 1:39:32

Rank in category: 5(of 59)

Best time in the category: 2:07:29

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:53	5:06	6	1:01	84	3:49	3.30	16:53	5:06	6	1:01	84	3:49
Schlüsie	3.10	18:24	5:56	8	1:47	106	4:46	6.40	35:17	5:30	6	2:48	90	8:34
Hermannsklippe	2.60	16:13	6:14	7	1:39	114	4:49	9.00	51:30	5:43	6	4:27	99	13:23
Brocken	3.10	27:21	8:49	9	2:54	132	9:18	12.10	1:18:51	6:30	7	7:21	108	22:41
Eiserner Handwe	3.60	16:33	4:35	7	1:40	87	4:41	15.70	1:35:24	6:04	6	9:01	102	27:22
Schlüsie	4.10	15:38	3:48	6	0:51	72	4:04	19.80	1:51:02	5:36	5	9:37	100	31:26
Loddenke	3.10	12:13	3:56	2	0:01	46	2:54	22.90	2:03:15	5:22	5	9:35	95	34:20
Ilseburg/Markt	3.30	14:11	4:17	4	0:23	74	3:34	26.20	2:17:26	5:14	5	9:57	89	37:54