



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Walgers, Ariën

Club: Dasseler SC
Number: 542

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:18:04

Speed: 11.39 km/h
Running performance: 5:16 min/km

Rank in course/Total: 96 (of 581)

Rank in course/Men: 93 (of 475)

Best time in course: 1:39:32

Rank in category: 12(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:47	5:23	22	3:51	137	4:43	3.30	17:47	5:23	22	3:51	137	4:43
Schlüsie	3.10	18:23	5:55	18	2:55	104	4:45	6.40	36:10	5:39	19	6:46	115	9:27
Hermannsklippe	2.60	16:00	6:09	14	2:29	103	4:36	9.00	52:10	5:47	16	9:06	108	14:03
Brocken	3.10	26:36	8:34	13	5:08	102	8:33	12.10	1:18:46	6:30	15	14:14	106	22:36
Eiserner Handwe	3.60	16:17	4:31	11	1:52	78	4:25	15.70	1:35:03	6:03	13	15:21	100	27:01
Schlüsie	4.10	15:24	3:45	9	1:17	62	3:50	19.80	1:50:27	5:34	14	16:03	96	30:51
Loddenke	3.10	12:46	4:07	12	1:06	77	3:27	22.90	2:03:13	5:22	13	16:56	93	34:18
Ilseburg/Markt	3.30	14:51	4:30	17	1:49	114	4:14	26.20	2:18:04	5:16	12	18:38	93	38:32