



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Evers, Harry

Club: Lemwerder
Number: 135

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:18:16

Speed: 11.37 km/h
Running performance: 5:17 min/km

Rank in course/Total: 98 (of 581)

Rank in course/Men: 95 (of 475)

Best time in course: 1:39:32

Rank in category: 13(of 77)

Best time in the category: 1:59:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:51	5:06	11	2:55	83	3:47	3.30	16:51	5:06	11	2:55	83	3:47
Schlüsie	3.10	17:25	5:37	7	1:57	55	3:47	6.40	34:16	5:21	8	4:52	63	7:33
Hermannsklippe	2.60	15:57	6:08	13	2:26	100	4:33	9.00	50:13	5:34	9	7:09	77	12:06
Brocken	3.10	27:00	8:42	15	5:32	114	8:57	12.10	1:17:13	6:22	11	12:41	88	21:03
Eiserner Handwe	3.60	16:29	4:34	12	2:04	85	4:37	15.70	1:33:42	5:58	12	14:00	89	25:40
Schlüsie	4.10	16:37	4:03	20	2:30	128	5:03	19.80	1:50:19	5:34	13	15:55	93	30:43
Loddenke	3.10	12:48	4:07	13	1:08	83	3:29	22.90	2:03:07	5:22	12	16:50	92	34:12
Ilseburg/Markt	3.30	15:09	4:35	24	2:07	145	4:32	26.20	2:18:16	5:16	13	18:50	95	38:44