



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Hirth, Manuel

Club: Bernburg
Number: 210

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:18:32

Speed: 11.26 km/h
Running performance: 5:17 min/km

Rank in course/Total: 100 (of 581)

Rank in course/Men: 97 (of 475)

Best time in course: 1:39:32

Rank in category: 21(of 67)

Best time in the category: 1:39:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Loddenke	3.30	16:30	5:00	15	3:25	66	3:26	3.30	16:30	5:00	15	3:25	66	3:26			
Schlüsie	3.10	18:38	6:00	23	5:00	118	5:00	6.40	35:08	5:29	19	8:25	86	8:25			
Hermannsklippe	2.60	17:23	6:41	37	5:59	195	5:59	9.00	52:31	5:50	22	14:24	113	14:24			
Brocken	3.10	27:58	9:01	30	9:55	161	9:55	12.10	1:20:29	6:39	23	24:19	123	24:19			
Eiserner Handwe	3.60	15:49	4:23	10	3:57	58	3:57	15.70	1:36:18	6:08	22	28:16	110	28:16			
Schlüsie	4.10	15:21	3:44	13	3:47	61	3:47	19.80	1:51:39	5:38	22	32:03	102	32:03			
Loddenke	3.10	12:35	4:03	14	3:16	63	3:16	22.90	2:04:14	5:25	21	35:19	100	35:19			
Ilseburg/Markt	3.30	14:18	4:20	18	3:41	86	3:41	26.20	2:18:32	5:17	21	39:00	97	39:00			