



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Hirth, Manuel

Club: Bernburg
Number: 210

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:18:32

Speed: 11.26 km/h
Running performance: 5:17 min/km

Rank in course/Total: 100 (of 581)

Rank in course/Men: 97 (of 475)

Best time in course: 1:39:32

Rank in category: 21(of 67)

Best time in the category: 1:39:32

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 16:30 | 5:00 | 15 | 3:25 | 66 | 3:26 | 3.30 | 16:30 | 5:00 | 15 | 3:25 | 66 | 3:26 |
| Schlüsie | 3.10 | 18:38 | 6:00 | 23 | 5:00 | 118 | 5:00 | 6.40 | 35:08 | 5:29 | 19 | 8:25 | 86 | 8:25 |
| Hermannsklippe | 2.60 | 17:23 | 6:41 | 37 | 5:59 | 195 | 5:59 | 9.00 | 52:31 | 5:50 | 22 | 14:24 | 113 | 14:24 |
| Brocken | 3.10 | 27:58 | 9:01 | 30 | 9:55 | 161 | 9:55 | 12.10 | 1:20:29 | 6:39 | 23 | 24:19 | 123 | 24:19 |
| Eiserner Handwe | 3.60 | 15:49 | 4:23 | 10 | 3:57 | 58 | 3:57 | 15.70 | 1:36:18 | 6:08 | 22 | 28:16 | 110 | 28:16 |
| Schlüsie | 4.10 | 15:21 | 3:44 | 13 | 3:47 | 61 | 3:47 | 19.80 | 1:51:39 | 5:38 | 22 | 32:03 | 102 | 32:03 |
| Loddenke | 3.10 | 12:35 | 4:03 | 14 | 3:16 | 63 | 3:16 | 22.90 | 2:04:14 | 5:25 | 21 | 35:19 | 100 | 35:19 |
| Ilseburg/Markt | 3.30 | 14:18 | 4:20 | 18 | 3:41 | 86 | 3:41 | 26.20 | 2:18:32 | 5:17 | 21 | 39:00 | 97 | 39:00 |