



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Kuhfuß, Fabian

Club: Hildesheim  
Number: 287

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:19:11

Speed: 11.21 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 105 (of 581)

Rank in course/Men: 101 (of 475)

Best time in course: 1:39:32

Rank in category: 12(of 36)

Best time in the category: 1:57:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:51	5:24	15	3:56	144	4:47	3.30	17:51	5:24	15	3:56	144	4:47
Schlüsie	3.10	18:25	5:56	10	3:32	109	4:47	6.40	36:16	5:39	12	7:28	123	9:33
Hermannsklippe	2.60	16:04	6:10	13	3:13	105	4:40	9.00	52:20	5:48	11	10:41	110	14:13
Brocken	3.10	26:17	8:28	10	5:09	90	8:14	12.10	1:18:37	6:29	11	15:50	103	22:27
Eiserner Handwe	3.60	16:00	4:26	8	2:20	67	4:08	15.70	1:34:37	6:01	11	16:46	95	26:35
Schlüsie	4.10	16:15	3:57	14	3:10	109	4:41	19.80	1:50:52	5:35	12	17:09	99	31:16
Loddenke	3.10	13:15	4:16	13	2:05	109	3:56	22.90	2:04:07	5:25	12	19:14	99	35:12
Ilseburg/Markt	3.30	15:04	4:33	13	2:23	136	4:27	26.20	2:19:11	5:18	12	21:37	101	39:39