



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Thomas, Bernd

Club: MSV Eintracht Halberstadt  
Number: 515

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:19:48

Speed: 11.24 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 109 (of 581)

Rank in course/Men: 105 (of 475)

Best time in course: 1:39:32

Rank in category: 3(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:49	5:05	1	-	81	3:45	3.30	16:49	5:05	1	-	81	3:45
Schlüsie	3.10	19:10	6:10	5	0:41	143	5:32	6.40	35:59	5:37	1	-	113	9:16
Hermannsklippe	2.60	16:39	6:24	4	1:05	132	5:15	9.00	52:38	5:50	2	0:50	116	14:31
Brocken	3.10	28:01	9:02	8	2:48	166	9:58	12.10	1:20:39	6:39	4	3:38	125	24:29
Eiserner Handwe	3.60	16:12	4:30	2	0:36	77	4:20	15.70	1:36:51	6:10	3	2:34	114	28:49
Schlüsie	4.10	15:04	3:40	1	-	57	3:30	19.80	1:51:55	5:39	3	1:53	105	32:19
Loddenke	3.10	12:55	4:09	2	0:09	94	3:36	22.90	2:04:50	5:27	3	2:02	105	35:55
Ilseburg/Markt	3.30	14:58	4:32	7	0:35	122	4:21	26.20	2:19:48	5:20	3	2:29	105	40:16