



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Wilharm, Gottfried

Club: Sylvester-Freunde
Number: 564

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:21:00

Speed: 11.15 km/h
Running performance: 5:23 min/km

Rank in course/Total: 118 (of 581)

Rank in course/Men: 113 (of 475)

Best time in course: 1:39:32

Rank in category: 17(of 77)

Best time in the category: 1:59:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:32	5:18	15	3:36	116	4:28	3.30	17:32	5:18	15	3:36	116	4:28
Schlüsie	3.10	18:24	5:56	20	2:56	106	4:46	6.40	35:56	5:36	16	6:32	110	9:13
Hermannsklippe	2.60	16:40	6:24	21	3:09	134	5:16	9.00	52:36	5:50	19	9:32	115	14:29
Brocken	3.10	27:45	8:57	25	6:17	150	9:42	12.10	1:20:21	6:38	20	15:49	122	24:11
Eiserner Handwe	3.60	16:48	4:40	14	2:23	98	4:56	15.70	1:37:09	6:11	19	17:27	119	29:07
Schlüsie	4.10	15:42	3:49	11	1:35	75	4:08	19.80	1:52:51	5:41	16	18:27	112	33:15
Loddenke	3.10	12:52	4:09	15	1:12	89	3:33	22.90	2:05:43	5:29	16	19:26	109	36:48
Ilseburg/Markt	3.30	15:17	4:37	27	2:15	156	4:40	26.20	2:21:00	5:22	17	21:34	113	41:28