



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Dietrich, Andreas

Club: SG Lauffreunde Harz
Number: 627

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:21:25

Speed: 11.12 km/h
Running performance: 5:24 min/km

Rank in course/Total: 120 (of 581)

Rank in course/Men: 115 (of 475)

Best time in course: 1:39:32

Rank in category: 23(of 67)

Best time in the category: 1:39:32

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:36	5:20	24	4:31	121	4:32	3.30	17:36	5:20	24	4:31	121	4:32
Schlüsie	3.10	18:36	6:00	22	4:58	114	4:58	6.40	36:12	5:39	23	9:29	118	9:29
Hermannsklippe	2.60	16:43	6:25	30	5:19	139	5:19	9.00	52:55	5:52	24	14:48	130	14:48
Brocken	3.10	28:12	9:05	34	10:09	173	10:09	12.10	1:21:07	6:42	26	24:57	133	24:57
Eiserner Handwe	3.60	17:11	4:46	23	5:19	134	5:19	15.70	1:38:18	6:15	26	30:16	127	30:16
Schlüsie	4.10	16:02	3:54	19	4:28	91	4:28	19.80	1:54:20	5:46	26	34:44	121	34:44
Loddenke	3.10	12:52	4:09	18	3:33	89	3:33	22.90	2:07:12	5:33	24	38:17	117	38:17
Ilseburg/Markt	3.30	14:13	4:18	17	3:36	76	3:36	26.20	2:21:25	5:23	23	41:53	115	41:53