



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Matalla, Gerd

Club: SV 1916 Beuna
Number: 594

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:21:53

Speed: 11.08 km/h
Running performance: 5:25 min/km

Rank in course/Total: 123 (of 581)

Rank in course/Men: 118 (of 475)

Best time in course: 1:39:32

Rank in category: 9(of 59)

Best time in the category: 2:07:29

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:49	5:23	14	1:57	141	4:45	3.30	17:49	5:23	14	1:57	141	4:45
Schlüsie	3.10	19:32	6:18	15	2:55	175	5:54	6.40	37:21	5:50	14	4:52	153	10:38
Hermannsklippe	2.60	17:11	6:36	12	2:37	179	5:47	9.00	54:32	6:03	13	7:29	156	16:25
Brocken	3.10	28:32	9:12	12	4:05	182	10:29	12.10	1:23:04	6:51	10	11:34	162	26:54
Eiserner Handwe	3.60	16:10	4:29	6	1:17	74	4:18	15.70	1:39:14	6:19	10	12:51	138	31:12
Schlüsie	4.10	15:19	3:44	3	0:32	60	3:45	19.80	1:54:33	5:47	9	13:08	123	34:57
Loddenke	3.10	12:44	4:06	6	0:32	74	3:25	22.90	2:07:17	5:33	9	13:37	119	38:22
Ilseburg/Markt	3.30	14:36	4:25	10	0:48	101	3:59	26.20	2:21:53	5:24	9	14:24	118	42:21