



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Woltman, Mckennon

Number: 626

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:23:37

Speed: 10.95 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 134 (of 581)

Rank in course/Men: 129 (of 475)

Best time in course: 1:39:32

Rank in category: 13(of 36)

Best time in the category: 1:57:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:32	5:36	17	4:37	187	5:28	3.30	18:32	5:36	17	4:37	187	5:28
Schlüsie	3.10	18:37	6:00	12	3:44	116	4:59	6.40	37:09	5:48	16	8:21	149	10:26
Hermannsklippe	2.60	15:15	5:51	8	2:24	64	3:51	9.00	52:24	5:49	12	10:45	111	14:17
Brocken	3.10	28:31	9:11	20	7:23	181	10:28	12.10	1:20:55	6:41	14	18:08	128	24:45
Eiserner Handwe	3.60	18:09	5:02	14	4:29	185	6:17	15.70	1:39:04	6:18	15	21:13	135	31:02
Schlüsie	4.10	15:30	3:46	8	2:25	67	3:56	19.80	1:54:34	5:47	13	20:51	124	34:58
Loddenke	3.10	13:14	4:16	12	2:04	107	3:55	22.90	2:07:48	5:34	13	22:55	123	38:53
Ilseburg/Markt	3.30	15:49	4:47	16	3:08	211	5:12	26.20	2:23:37	5:28	13	26:03	129	44:05