



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Jurkutat, Frank

Club: Dasseler SC  
Number: 235

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:23:57

Speed: 10.92 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 136 (of 581)

Rank in course/Men: 131 (of 475)

Best time in course: 1:39:32

Rank in category: 21(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:47	5:23	22	3:51	137	4:43	3.30	17:47	5:23	22	3:51	137	4:43
Schlüsie	3.10	18:23	5:55	18	2:55	104	4:45	6.40	36:10	5:39	19	6:46	115	9:27
Hermannsklippe	2.60	16:48	6:27	24	3:17	146	5:24	9.00	52:58	5:53	22	9:54	131	14:51
Brocken	3.10	27:37	8:54	22	6:09	144	9:34	12.10	1:20:35	6:39	21	16:03	124	24:25
Eiserner Handwe	3.60	17:51	4:57	27	3:26	167	5:59	15.70	1:38:26	6:16	21	18:44	129	30:24
Schlüsie	4.10	17:23	4:14	31	3:16	182	5:49	19.80	1:55:49	5:50	22	21:25	134	36:13
Loddenke	3.10	13:35	4:22	21	1:55	146	4:16	22.90	2:09:24	5:39	22	23:07	133	40:29
Ilseburg/Markt	3.30	14:33	4:24	14	1:31	100	3:56	26.20	2:23:57	5:29	21	24:31	131	44:25