



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Keilwagen, René

Club: Doberlug-Kirchhain  
Number: 243

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:24:00

Speed: 10.83 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 137 (of 581)

Rank in course/Men: 132 (of 475)

Best time in course: 1:39:32

Rank in category: 18(of 68)

Best time in the category: 1:51:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:42	5:40	29	4:51	204	5:38	3.30	18:42	5:40	29	4:51	204	5:38
Schlüsie	3.10	19:22	6:14	20	4:29	163	5:44	6.40	38:04	5:56	22	9:16	175	11:21
Hermannsklippe	2.60	16:41	6:25	15	3:58	136	5:17	9.00	54:45	6:04	20	13:14	160	16:38
Brocken	3.10	28:25	9:09	23	7:18	177	10:22	12.10	1:23:10	6:52	22	20:32	166	27:00
Eiserner Handwe	3.60	17:30	4:51	21	4:16	147	5:38	15.70	1:40:40	6:24	21	24:47	157	32:38
Schlüsie	4.10	16:13	3:57	13	3:16	105	4:39	19.80	1:56:53	5:54	20	27:59	146	37:17
Loddenke	3.10	12:50	4:08	11	2:13	86	3:31	22.90	2:09:43	5:39	19	30:12	135	40:48
Ilseburg/Markt	3.30	14:17	4:19	12	2:22	85	3:40	26.20	2:24:00	5:29	18	32:34	132	44:28