



# 49. Brockenlauf

Ilseburg / 07.09.2019

## Detailed evaluation

**Heinrich, Uwe**

Club: BSG Mecklenburgische Versicherungen Hano  
Number: 196

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:24:41

Speed: 10.78 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 141 (of 581)

Rank in course/Men: 136 (of 475)

Best time in course: 1:39:32

Rank in category: 4(of 40)

Best time in the category: 2:17:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:38	5:20	5	0:49	126	4:34	3.30	17:38	5:20	5	0:49	126	4:34
Schlüsie	3.10	18:56	6:06	3	0:27	129	5:18	6.40	36:34	5:42	4	0:35	129	9:51
Hermannsklippe	2.60	16:12	6:13	3	0:38	113	4:48	9.00	52:46	5:51	3	0:58	122	14:39
Brocken	3.10	27:25	8:50	4	2:12	137	9:22	12.10	1:20:11	6:37	3	3:10	120	24:01
Eiserner Handwe	3.60	17:57	4:59	12	2:21	174	6:05	15.70	1:38:08	6:15	4	3:51	126	30:06
Schlüsie	4.10	17:36	4:17	16	2:32	198	6:02	19.80	1:55:44	5:50	4	5:42	133	36:08
Loddenke	3.10	14:01	4:31	13	1:15	180	4:42	22.90	2:09:45	5:39	4	6:57	137	40:50
Ilseburg/Markt	3.30	14:56	4:31	6	0:33	116	4:19	26.20	2:24:41	5:31	4	7:22	136	45:09