



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Schultz-Lintl, Martin

Club: Ferdinand-Braun-Schule Fulda
Number: 463

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:25:18

Speed: 10.82 km/h
Running performance: 5:33 min/km

Rank in course/Total: 144 (of 581)

Rank in course/Men: 139 (of 475)

Best time in course: 1:39:32

Rank in category: 5(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:23	5:34	12	1:34	173	5:19	3.30	18:23	5:34	12	1:34	173	5:19
Schlüsie	3.10	19:30	6:17	7	1:01	171	5:52	6.40	37:53	5:55	9	1:54	165	11:10
Hermannsklippe	2.60	17:07	6:34	6	1:33	173	5:43	9.00	55:00	6:06	7	3:12	166	16:53
Brocken	3.10	28:09	9:04	10	2:56	172	10:06	12.10	1:23:09	6:52	7	6:08	164	26:59
Eiserner Handwe	3.60	17:09	4:45	5	1:33	127	5:17	15.70	1:40:18	6:23	6	6:01	150	32:16
Schlüsie	4.10	17:07	4:10	10	2:03	161	5:33	19.80	1:57:25	5:55	7	7:23	148	37:49
Loddenke	3.10	13:30	4:21	5	0:44	135	4:11	22.90	2:10:55	5:43	7	8:07	147	42:00
Ilseburg/Markt	3.30	14:23	4:21	1	-	94	3:46	26.20	2:25:18	5:32	5	7:59	139	45:46