



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Baumgart, Lutz

Club: Brockenlaufverein
Number: 21

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:25:31

Speed: 10.72 km/h
Running performance: 5:33 min/km

Rank in course/Total: 145 (of 581)

Rank in course/Men: 140 (of 475)

Best time in course: 1:39:32

Rank in category: 6(of 40)

Best time in the category: 2:17:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:11	5:12	4	0:22	95	4:07	3.30	17:11	5:12	4	0:22	95	4:07
Schlüsie	3.10	19:02	6:08	4	0:33	138	5:24	6.40	36:13	5:39	2	0:14	119	9:30
Hermannsklippe	2.60	16:57	6:31	5	1:23	157	5:33	9.00	53:10	5:54	5	1:22	136	15:03
Brocken	3.10	27:57	9:00	7	2:44	160	9:54	12.10	1:21:07	6:42	5	4:06	133	24:57
Eiserner Handwe	3.60	17:52	4:57	11	2:16	170	6:00	15.70	1:38:59	6:18	5	4:42	134	30:57
Schlüsie	4.10	17:04	4:09	8	2:00	153	5:30	19.80	1:56:03	5:51	5	6:01	136	36:27
Loddenke	3.10	13:59	4:30	12	1:13	177	4:40	22.90	2:10:02	5:40	5	7:14	139	41:07
Ilseburg/Markt	3.30	15:29	4:41	12	1:06	175	4:52	26.20	2:25:31	5:33	6	8:12	140	45:59