



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Baumgart, Lutz

Club: Brockenlaufverein
Number: 21

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:25:31

Speed: 10.80 km/h
Running performance: 5:33 min/km

Rank in course/Total: 145 (of 581)

Rank in course/Men: 140 (of 475)

Best time in course: 1:39:32

Rank in category: 6(of 40)

Best time in the category: 2:17:19

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Loddenke | 3.30 | 17:11 | 5:12 | 4 | 0:22 | 95 | 4:07 | 3.30 | 17:11 | 5:12 | 4 | 0:22 | 95 | 4:07 | |
| Schlüsie | 3.10 | 19:02 | 6:08 | 4 | 0:33 | 138 | 5:24 | 6.40 | 36:13 | 5:39 | 2 | 0:14 | 119 | 9:30 | |
| Hermannsklippe | 2.60 | 16:57 | 6:31 | 5 | 1:23 | 157 | 5:33 | 9.00 | 53:10 | 5:54 | 5 | 1:22 | 136 | 15:03 | |
| Brocken | 3.10 | 27:57 | 9:00 | 7 | 2:44 | 160 | 9:54 | 12.10 | 1:21:07 | 6:42 | 5 | 4:06 | 133 | 24:57 | |
| Eiserner Handwe | 3.60 | 17:52 | 4:57 | 11 | 2:16 | 170 | 6:00 | 15.70 | 1:38:59 | 6:18 | 5 | 4:42 | 134 | 30:57 | |
| Schlüsie | 4.10 | 17:04 | 4:09 | 8 | 2:00 | 153 | 5:30 | 19.80 | 1:56:03 | 5:51 | 5 | 6:01 | 136 | 36:27 | |
| Loddenke | 3.10 | 13:59 | 4:30 | 12 | 1:13 | 177 | 4:40 | 22.90 | 2:10:02 | 5:40 | 5 | 7:14 | 139 | 41:07 | |
| Ilseburg/Markt | 3.30 | 15:29 | 4:41 | 12 | 1:06 | 175 | 4:52 | 26.20 | 2:25:31 | 5:33 | 6 | 8:12 | 140 | 45:59 | |