



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Poppe, Christopher

Club: Berlin
Number: 383

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:25:34

Speed: 10.72 km/h
Running performance: 5:34 min/km

Rank in course/Total: 146 (of 581)

Rank in course/Men: 141 (of 475)

Best time in course: 1:39:32

Rank in category: 15(of 36)

Best time in the category: 1:57:34

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:46	5:23	13	3:51	135	4:42	3.30	17:46	5:23	13	3:51	135	4:42
Schlüsie	3.10	18:51	6:04	13	3:58	124	5:13	6.40	36:37	5:43	13	7:49	137	9:54
Hermannsklippe	2.60	16:13	6:14	15	3:22	114	4:49	9.00	52:50	5:52	15	11:11	126	14:43
Brocken	3.10	27:21	8:49	12	6:13	132	9:18	12.10	1:20:11	6:37	13	17:24	120	24:01
Eiserner Handwe	3.60	18:27	5:07	18	4:47	207	6:35	15.70	1:38:38	6:16	13	20:47	131	30:36
Schlüsie	4.10	17:02	4:09	16	3:57	150	5:28	19.80	1:55:40	5:50	15	21:57	131	36:04
Loddenke	3.10	14:04	4:32	20	2:54	184	4:45	22.90	2:09:44	5:39	15	24:51	136	40:49
Ilseburg/Markt	3.30	15:50	4:47	17	3:09	213	5:13	26.20	2:25:34	5:33	15	28:00	141	46:02