



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Kresse, Mathias

Club: NIX tun kann JEDER
Number: 279

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:25:49

Speed: 10.70 km/h
Running performance: 5:34 min/km

Rank in course/Total: 147 (of 581)

Rank in course/Men: 142 (of 475)

Best time in course: 1:39:32

Rank in category: 12(of 59)

Best time in the category: 2:07:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	17:24	5:16	10	110	1:32	4:20	3.30	17:24	5:16	10	110	1:32	4:20
Schlüsie	3.10	19:26	6:16	13	167	2:49	5:48	6.40	36:50	5:45	11	144	4:21	10:07
Hermannsklippe	2.60	17:28	6:43	16	204	2:54	6:04	9.00	54:18	6:01	12	150	7:15	16:11
Brocken	3.10	29:27	9:30	15	206	5:00	11:24	12.10	1:23:45	6:55	12	177	12:15	27:35
Eiserner Handwe	3.60	16:55	4:41	12	110	2:02	5:03	15.70	1:40:40	6:24	12	157	14:17	32:38
Schlüsie	4.10	16:10	3:56	9	101	1:23	4:36	19.80	1:56:50	5:54	12	143	15:25	37:14
Loddenke	3.10	13:36	4:23	14	147	1:24	4:17	22.90	2:10:26	5:41	12	142	16:46	41:31
Ilseburg/Markt	3.30	15:23	4:39	17	167	1:35	4:46	26.20	2:25:49	5:33	12	142	18:20	46:17