



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Winkler, Jürgen

Club: Einbeck
Number: 566

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:25:51

Speed: 10.70 km/h
Running performance: 5:34 min/km

Rank in course/Total: 148 (of 581)

Rank in course/Men: 143 (of 475)

Best time in course: 1:39:32

Rank in category: 7(of 40)

Best time in the category: 2:17:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:10	5:12	3	0:21	93	4:06	3.30	17:10	5:12	3	0:21	93	4:06
Schlüsie	3.10	19:41	6:20	8	1:12	181	6:03	6.40	36:51	5:45	6	0:52	145	10:08
Hermannsklippe	2.60	17:31	6:44	9	1:57	211	6:07	9.00	54:22	6:02	6	2:34	151	16:15
Brocken	3.10	30:22	9:47	16	5:09	249	12:19	12.10	1:24:44	7:00	11	7:43	189	28:34
Eiserner Handwe	3.60	16:19	4:31	3	0:43	79	4:27	15.70	1:41:03	6:26	7	6:46	162	33:01
Schlüsie	4.10	15:48	3:51	3	0:44	83	4:14	19.80	1:56:51	5:54	6	6:49	145	37:15
Loddenke	3.10	13:19	4:17	3	0:33	113	4:00	22.90	2:10:10	5:41	6	7:22	140	41:15
Ilseburg/Markt	3.30	15:41	4:45	15	1:18	197	5:04	26.20	2:25:51	5:34	7	8:32	143	46:19