



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Unbehaun, Martin

Club: Wernigerode
Number: 524

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:26:05

Speed: 10.68 km/h
Running performance: 5:35 min/km

Rank in course/Total: 150 (of 581)

Rank in course/Men: 145 (of 475)

Best time in course: 1:39:32

Rank in category: 20(of 55)

Best time in the category: 1:53:46

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:26	5:53	27	5:44	251	6:22	3.30	19:26	5:53	27	5:44	251	6:22
Schlüsie	3.10	19:44	6:21	28	4:40	187	6:06	6.40	39:10	6:07	27	10:22	219	12:27
Hermannsklippe	2.60	16:45	6:26	21	3:50	141	5:21	9.00	55:55	6:12	26	14:03	193	17:48
Brocken	3.10	26:11	8:26	16	5:45	85	8:08	12.10	1:22:06	6:47	21	19:08	147	25:56
Eiserner Handwe	3.60	17:09	4:45	20	3:59	127	5:17	15.70	1:39:15	6:19	19	21:46	139	31:13
Schlüsie	4.10	17:06	4:10	22	4:20	159	5:32	19.80	1:56:21	5:52	19	26:06	140	36:45
Loddenke	3.10	14:14	4:35	27	3:27	194	4:55	22.90	2:10:35	5:42	19	29:22	143	41:40
Ilseburg/Markt	3.30	15:30	4:41	25	3:21	179	4:53	26.20	2:26:05	5:34	20	32:19	145	46:33